



CoQ10

CARDIOVASCULAR HEALTH

60 mg
with Omega-3 Fish Oil

• Supports Healthy Heart Muscle*

60 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Vitamin E (as d-alpha Tocopherol plus Mixed Tocopherols)	10 IU	33%
Coenzyme Q10 (CoQ10)	60 mg	†
Natural Fish Oil Concentrate	250 mg	†
Omega-3 Fatty Acids	75 mg	†
Eicosapentaenoic Acid (EPA)	40 mg	†
Docosahexaenoic Acid (DHA)	25 mg	†
Soy Lecithin	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob, annatto extract), Rice Bran Oil and Yellow Beeswax. Contains fish (sardines, anchovies, mackerel) and soy.

Formulated & Distributed by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For more product information visit www.nowfoods.com/3163
Not manufactured with wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.
Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with food. Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research have shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.* NOW® CoQ10 is Pharmaceutical Grade. NOW uses only the natural, all-trans form of CoQ10.

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packets. Keep in Bottle.



Made in the USA

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.