KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM Distributed by:

General Nutrition Corporation Pittsburgh, PA 15222

ACTUAL SIZE





Provides 100% more antioxidant capacity than natural vitamin E

Supplies all 8 tocopherols
& tocotrienols

DIETARY SUPPLEMENT 90 SOFTGELS CODE 319422

Vitamin F

Directions: As a dietary supplement, take one softgel capsule

daily. For maximum benefits, take as directed every day.

Supplement Facts Serving Size One Softgel Capsule

Amount Per Serving

400 IU 1333%

% Daily Value

(as d-alpha Tocopherol)

Total Tocopherols 391 mg (Proprietary Isomer E™ blend of d-alpha.

d-gamma, d-delta and d-beta tocopherols)

Toco-Rich™ 133 mg

(Proprietary Blend of Rice Bran Oil and Concentrate, Palm Oil, Red Raspberry Seed Oil and Cranberry Seed Oil together containing the Isomer E ratio d-gamma, d-alpha, d-delta and d-beta tocotrienol as well as d-gamma, d-delta, d-alpha and d-beta tocopherol)

* Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Soybean Oil, Titanium

Dioxide, Sodium Copper Chlorophyllin.
Potency verified by current USP.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten,

No Corn, No Dairy, Yeast Free. Isomer E™ is a registered trademark of Futurebiotics, LLC. Lot No./Be