

Oceans MOM® Prenatal DHA

High Potency DHA For Your Baby's Healthy Development†

Oceans MOM® Prenatal DHA supplies 350 mg of DHA in one small, pleasant-tasting strawberry-flavored softgel, providing a broad range of benefits for both you and your baby.

Oceans Mom® DHA Benefits:

- Optimum DHA level
- Supports cardiovascular health†
- Supports bone health†
- Promotes positive mood & emotional well-being†
- DHA taken after pregnancy enhances the quality of breast milk†
- One easy-to-swallow softgel daily
- Pleasant strawberry flavor

Oceans MOM® Prenatal DHA formula utilizes a multiple-stage molecular distillation process employing extensive quality controls, to produce pharmaceutical grade fish oils that set the new industry standard for purity and concentration. Oceans MOM® Prenatal DHA fish oil is verified pure and fresh through independent, third-party testing.



For every Oceans MOM® Prenatal DHA bottle sold, a donation will be made to WomenHeart. WomenHeart champions prevention and early detection, accurate diagnosis and proper treatment of women's heart disease.

For more information visit www.Oceans3.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

We Support  

OCEANS MOM

Prenatal DHA

Over 100% Recommended DHA Level for Pregnancy
One Easy-to-Swallow Softgel Daily
Pleasant Strawberry Taste
PURITY • POTENCY • VALUE

30 Softgels
Omega-3 Dietary Supplement

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Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1% ¹
Total Omega-3 Fatty Acids	365 mg	
DHA (Docosahexaenoic Acid)	350 mg	+
EPA (Eicosapentaenoic Acid)	15 mg	+

¹ Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

Ingredients: High potency fish oil (anchovies and sardines), gelatin, glycerin, natural tocopherols (soy), natural strawberry flavoring.
Gluten Free. Dairy Free.
No filler ingredients, artificial colors, flavors or preservatives.
Do not use if safety seal is broken or missing.
Keep out of reach of children.

Distributed by **Garden of Life LLC**
5500 Village Blvd., West Palm Beach, FL 33407 USA
Made in the U.S.A. www.gardenoflife.com

Suggested Use:

Adults take 1 softgel daily. Best taken with food. Not intended for children. Softgels are enhanced with a light, natural strawberry flavor. For optimal freshness refrigerate after opening.

Advanced Usage: Adults may increase to 2 softgels daily.

CAUTION: Your diet or health situation may benefit from the advanced use of this product. Check with your healthcare practitioner to determine your needs. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you use blood thinners, anticipate surgery or are under medical supervision.



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