

SUGGESTED USE:

Shake container before each use. Mix two scoops with 8-12 ounces of liquid. Drink immediately. For best results, consume 20-30 minutes prior to exercise. You may need to adjust serving size based on body weight and activity level.

WARNINGS: If you are pregnant or breastfeeding, consult a health care practitioner before using.

Contains coconut.

ALLERGEN WARNING: This product was produced in facility that may also process ingredients containing milk, eggs, and tree nuts.

DO NOT USE IF SEAL IS BROKEN OR MISSING

KEEP OUT OF REACH OF CHILDREN.



Made in USA
American Product



100%
Natural Ingredients



No Artificial
Sweeteners



No DMAA



No Artificial
Colors/Flavors



No
Additives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



luahana
NATURAL SWEETENER

HydroCell™ is a patent-pending plant-based delivery system that promotes rapid nutrient absorption into cells.

Luahana™ is a patent-pending, low-glycemic proprietary sweetener derived from all natural ingredients.

PRO WORKOUT



PRE-WORKOUT ENERGY MIX

DIETARY SUPPLEMENT
8.7 OZ. (247g)

Supplement Facts			
Serving Size: 2 Level Scoops (8.2g) Servings Per Container: 30			
Amount Per Serving	%Daily Value		
Calories 0			
Total Carbohydrate	<1g	1%*	
Sugars	<1g		
Iron	.5mg	3%	
Vitamin B6	.3mg	18%	
Vitamin B12 (as Methylcobalamin)	150mcg	6,250%	
Pantothenic Acid	16.7mg	334%	
Creatine Monohydrate	1.7g	†	
L-Citrulline	1.5g	†	
Taurine	1.5g	†	
Beta Alanine (as CarnoSyn™)	1g	†	
Arginine	.5g	†	
Betaine Anhydrous (TMG)	.5g	†	
L-Tyrosine	.5g	†	
Caffeine Anhydrous	100mg	†	
Proprietary Blend	927mg	†	
Yerba Mate (Leaf) Extract, Schisandra (Fruit and Seed) Extract, Rhodiola (Root) Extract			
Proprietary Blend	927mg	†	
Luahana™ Sweetener Blend (Organic Coconut Sap (Flower), Stevia (Leaf), Luo Han Guo (Fruit))			
Proprietary Blend	48mg	†	
HydroCell™ Delivery (Organic Aloe vera (Leaf), Goji (Lycium barbarum) Berry Extract, Shilajit)			
*Percent Daily Values (% DV) are based on a 2,000 calorie diet.			
†Daily Value not established.			

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Manufactured for
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