

SUGGESTED USE:

Shake well before each use.



Take 30 drops (2/3 of a dropper)
and hold in mouth under tongue for
90 seconds. Swallow afterwards.



Use in the morning on
an empty stomach.



TENperformance.com



**PRO
RECOVER
ASHWAGANDHA**



750

ROOKIE

DIETARY SUPPLEMENT
1.0 FL OZ. (30mL)

TEN-RF25_TRA_05

Supplement Facts

Serving size: 30 drops (2/3 dropper)

Servings Per Container: 30

Amount Per Serving

Proprietary Blend

Ashwagandha Extract,

Velvet Antler Extract

50mg*

* Daily Value not established.

Other ingredients: Purified Water and
Organic Grape Alcohol. Contains Milk

Manufactured for:
TEN Performance®
Tampa, FL 33626
(800) 640-4045

WARNINGS: If you are pregnant or breastfeeding,
consult a health care practitioner before using.

KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by
the FDA. This product is not intended to
diagnose, treat, cure or prevent any disease.