

100% PURE

NON-GMO

Supplement Facts

Serving Size: 4 Capsules
Amount Per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-Carotene from <i>D. salina</i>)	250 mcg RAE 28%	Molybdenum (from Krebs Complex)	40 mcg 100%
Vitamin C (from Ascorbic Acid)	150 mg 167%	Potassium (as Chloride)	60 mg 100%
Vitamin D3 (as Cholecalciferol from Lichen)	25 mcg 125%		
Vitamin E (from Rice Bran)	20 mg 133%		
Vitamin K2 (as Menaquinone-7 from <i>B. licheniformis</i>)	80 mcg 67%		
Thiamin (as Benfotiamine)	4 mg 333%		
Riboflavin (from Guayul)	3 mg 231%		
Niacin (as Nicotinic Acid)	20 mg 125%		
Folate (as Pyridoxal 5'-Phosphate (P-5-P))	4 mg 235%		
Biotin (as Biotin)	667 mcg DFE 167%		
Calcium (as Calcium Pantothenate)	15 mcg 625%		
Vitamin B12 (as Methylcobalamin)	300 mcg 1,000%		
Iron	20 mg 400%		
Choline (from Sunflower)	23 mg 4%		
Calcium (as Calcium Citrate)	200 mg 15%		
Aspartic Acid (as Calcium Pantothenate)	14 mg 78%		
Arginine (as Arginine)	100 mg 8%		
Phosphorus (as Dicalcium Phosphate)	150 mcg 100%		
Iodine (from Kelp)	300 mg 71%		
Magnesium (from Aquamin®)	15 mg 136%		
Zinc (as Zinc Acetate)	70 mcg 127%		
Selenium (as L-Selenomethionine)	0.9 mg 100%		
Copper (as Copper Chelate)	1.8 mg 78%		
Manganese (as Manganese)	108 mcg 309%		
Chromium (as Chromium)			

Other Ingredients: Vegetable Cellulose Capsule



HerbTonics®

WHOLE ... FOOD ... MULTIVITAMIN

Made with Real Vegetables & Fruits
With All Essential Vitamins And Minerals
For a Healthier You!*

MEN & WOMEN

GLUTEN FREE DAIRY FREE NO FILLERS

NO FILLERS NO ADDITIVES

FOR A HEALTHIER YOU!*

INSTRUCTIONS: As a dietary supplement, adults should take four (4) capsules per day, or as directed by a physician. For maximum effect, take daily for at least 30 days.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO ARTIFICIAL COLORS OR FLAVORS, CHEMICAL PRESERVATIVES, DAIRY, SOY OR GLUTEN

Distributed By:

HerbTonics®

www.herbtonics.com

Twinsburg, Ohio, 44087

1-800-706-2790

For questions or inquiry
contact us at:
info@herbtonics.com



Quatrefolic® is a registered trademark of GNOSIS SPA CORPORATION.

Aquamin® is a registered trademark of Marigot Ltd.

