

**SUGGESTED USE:**

As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before bedtime with an 8oz. glass of water or as directed by your healthcare professional.

**CAUTION:**

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SUPPLEMENTS

DIETARY SUPPLEMENT

# zZz NIGHT

Promotes Relaxation & Restful Sleep  
for a Better Tomorrow\*



- ✓ MAX STRENGTH FORMULA†
- ✓ NON-HABIT FORMING
- ✓ ALL NATURAL

60 CAPSULES



## Supplement Facts

Serving Size: 2 Veggie Capsule

Serving Per Container: 30

|                                  | Amount Per Serving | % DV |
|----------------------------------|--------------------|------|
| Calcium (as Calcium Carbonate)   | 17 mg              | 1%   |
| Vitamin B6 (Pyridoxine HCL)      | 1.8 mg             | 106% |
| Magnesium (as Magnesium Citrate) | 13 mg              | 3%   |
| Melatonin                        | 10 mg              | **   |

Sleep Formula Proprietary Blend: 905 mg \*\*

L-Tryptophan, Goji (Wolfberry)(Lycium barbarum)(berry), Chamomile(Matricaria chamomilla)(flower), Lemon Balm(Melissa officinalis)(aerial), Passion Flower(Passiflora incarnata)(flower), L-Taurine, Hops(Humulus lupulus)(flower), St. John's Wort(Hypericum perforatum)(aerial), GABA (Gamma aminobutyric acid), Skullcap(Scutellaria baicalensis)(root), L-Theanine, Ashwagandha(withania somnifera)(root), Inositol, 5-HTP(Griffonia simplicifolia)(seed)

\*\* % Daily Value not established

Other Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

**NO SOY, DAIRY OR EGG INGREDIENTS**

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