



PDR

Prescription Depletion Replacement



60 Caplets
Dietary Supplement

Supplement Facts

Serving size: 2 caplets

Servings per container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate with natural mixed carotenoids)	10,000 IU	200
Vitamin C (as ascorbic acid)	300 mg	500
Vitamin D (as cholecalciferol)	200 IU	50
Vitamin E (as d-alpha-tocopheryl succinate)	200 IU	667
Thiamin (as thiamin HCl)	30 mg	2,000
Riboflavin	20 mg	1,176
Niacin (as niacinamide)	20 mg	100
Vitamin B6 (as pyridoxine HCl)	30 mg	1,500
Folate (as folic acid)	400 mcg	100
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333
Biotin	100 mcg	33
Pantothenic acid (as D-calcium pantothenate)	30 mg	300
Calcium (as dicalcium phosphate and calcium citrate-malate-glycinate)	300 mg	30
Magnesium (as magnesium oxide and magnesium citrate)	300 mg	75
Zinc (as zinc oxide and zinc citrate)	15 mg	100
Selenium (as sodium selenate)	100 mcg	143
Chromium (as chromium dinicotinate glycinate)	100 mcg	83
Potassium (as potassium chloride)	99 mg	3
Coenzyme Q-10	10 mg	*
"Trikatu" blend—black pepper, ginger root, long pepper (<i>Piper longum</i>)	5 mg	*
Probiotic blend: <i>Lactobacillus acidophilus</i> , <i>Lactobacillus plantarum</i> , <i>Bifidobacterium bifidum</i> and <i>Lactobacillus casei</i>	500 million CFU	*

* Daily value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and pharmaceutical glaze. **CONTAINS MILK.**

PDR helps replenish some of the most common nutrients lost by taking prescription and over-the-counter drugs.[†]

DIRECTIONS: As a dietary supplement, take two caplets daily.

CAUTION: Consult your physician prior to using this product if you are pregnant, nursing, or have any pre-existing medical conditions.

NOTE: The color, taste, and texture of this product may vary due to its natural ingredients and/or seasonal changes.

- Keep out of reach of children
- Protect from heat, light, and moisture
- Store at 59-86°F (15-30°C)
- Do not purchase if seal is broken

Made in the USA

Distributed by: **Vitamins Direct**
West Palm Beach, FL 33407
800-575-1634

Item #101013 www.vitaminsdirectonline.com

[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.