

SUGGESTED USE:

As a dietary supplement, take two (2) veggie capsule once a day. For best results take 20-30 min before a meal with 8oz glass of water or as directed by your healthcare provider.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SUPPLEMENTS

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DIETARY SUPPLEMENT

60 CAPSULES



NO SOY, DAIRY OR EGG INGREDIENTS

Supplement Facts

Serving Size: 2 Veggie Capsule
Serving Per Container: 30

	Amount Per Serving	% DV
Vitamin B1	12 mg	800%
Vitamin B2	12 mg	700%
Vitamin B5	16 mg	160%
Vitamin B6	8 mg	400%
Niacin	28 mg	140%
Biotin	300 mcg	100%
Calcium Carbonate	25 mg	3%
Magnesium Oxide	25 mg	6%
Zinc Oxide	25 mg	160%
Potassium Gluconate	25 mg	***
Proprietary Blend	830 mg	**

Rhodiola Ext Sal 1% HPLC, Lutein 5%, Ashwaghandha, Chamomile, GABA, Lemon Balm, Skullcap, Hawthorn, Bacopa (Brahmi), Magnolia, Passion Flower, Valerian, L-Theanine, Oat Straw (Avena Sativa) 20:1, Mucuna Pruriens 14% HPLC, St John's Wort, Hops, Griffonia Seed Ext 5-HTP

** % Daily Value not established

*** Less than 2% of Daily Value

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate (vegetable), Silicon Dioxide