

Directions: Sip serving slowly during your workout. Alternatively take post-workout or on off-days to increase BCAA intake as desired. Use the included serving scoop to mix serving as follows (note - scoop may settle to bottom of tub during transit):

Regular Serving (for regular training sessions): Take 11g (one level scoop) mixed with 300ml of water once per day.

Xtreme Serving (for extra intense training sessions): Take 22g (two level scoops) mixed with 600ml of water once per day.

Ingredients: Leucine Powder (L-Leucine, Emulsifier [Sunflower Lecithin]), BCAA Powder (L-Leucine, L-Isoleucine, L-Valine, Emulsifier [Sunflower Lecithin]), Acid (Citric Acid), Inulin, Magnesium Citrate, Flavouring, Colouring Food (Beetroot Juice Powder), Sweeteners (Sucralose, Steviol Glycosides), Calcium-D-Pantothenate. **Allergen Advice:** This product was manufactured in a facility that also processes ingredients containing gluten, egg, milk, soy, and lupin.

Important Information: Do not exceed the recommended daily dosage. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for use by pregnant or lactating women. If you are taking any medications, are under medical supervision, have an existing medical condition or symptoms of illness, consult your doctor before use. Using this supplement at the same time as other food supplements may result in excessive nutrient doses, consult a qualified professional if you are unsure. Discontinue use and contact a doctor immediately if any adverse reactions occur. Not for use by persons under the age of 18. Do not use if the seal under the lid is broken or missing. This product is a food supplement and is not intended to diagnose, treat, cure or prevent any medical condition, illness or disease. For best before end date & lot: see lid. Store in a cool, dry place. Keep out of the reach of children.



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BERRY BLAST FLAVOUR

ILN

BCAA
POWDER

30 REGULAR SERVINGS†

Food Supplement †30 regular servings (11g) / 15 xtreme servings (22g) Net Weight: 330g e

BERRY FLAVOURED FOOD SUPPLEMENT WITH SWEETENERS

Nutritional Information

Serving Size: One Scoop (11g) Servings per Container: 30

Per Scoop (11g)		%NRV*
Branched-Chain Amino Acids	7,441 mg	**
L-Leucine	6,203 mg	**
L-Valine	619 mg	**
L-Isoleucine	619 mg	**
Pantothenic Acid (B5)	5 mg	83%
Magnesium	100 mg	27%

Per 2 Scoops (22g)		%NRV*
Branched-Chain Amino Acids	14,882 mg	**
L-Leucine	12,406 mg	**
L-Valine	1,238 mg	**
L-Isoleucine	1,238 mg	**
Pantothenic Acid (B5)	10 mg	167%
Magnesium	200 mg	53%

* Nutrient Reference Value ** No NRV established

Manufactured for: Euro Nutrition Ltd, Discovery Court, 551-553 Wallisdown Rd, Poole, BH12 5AG, UK.

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