

IMPORTANT INFORMATION: Do not exceed recommended dosage. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for use by pregnant or lactating women. If you are taking any medications, are under medical supervision, have an existing medical condition or symptoms of illness, consult your doctor before use. Using this supplement at the same time as other food supplements may result in excessive nutrient dosages, consult a qualified professional if you are unsure. Discontinue use and contact a doctor immediately if any adverse reactions occur. Not intended for use by persons under the age of 18. Do not use if seal is broken or missing. This product is a food supplement and is not intended to diagnose, treat, cure or prevent any medical condition, illness or disease. Long term intakes of this amount of vitamin B6 may lead to mild tingling and numbness. Store in a cool, dry place. Keep out of the reach of children. For best before end & lot, see lid.

Anti-E Xtreme is a source of vitamin B6 which contributes to the regulation of hormonal activity. **This product is suitable for vegetarians.**

Manufactured in the UK for:
Euro Nutrition Ltd, 551-553 Wallisdown Rd, Poole, BH12 5AG, UK



New

X000DS4V7Z

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**ANTI-E
COMPLEX**

120 VEGETARIAN
CAPSULES

WITH VITAMIN B6 WHICH CONTRIBUTES
TO THE REGULATION OF
HORMONAL ACTIVITY

FOOD SUPPLEMENT

DIRECTIONS: Take (4) capsules once per day. Take capsules 30 minutes before going to bed with a glass of water.

Nutritional Information

Serving Size: 4 Capsules
Servings per Container: 30

Per Serving (4 Capsules)	% NRV*
Vitamin D (as D3) 8 µg	160%
Vitamin C 140 mg	175%
Vitamin B6 (as P5P) 16 mg	1,143%
Magnesium 200 mg	53%
Zinc 24 mg	240%
Montmorency Cherry extract equiv. to 640 mg	**
Chamomile extract equiv. to 160 mg	**
5-Hydroxytryptophan 140 mg	**
L-Tyrosine 120 mg	**

* Nutrient Reference Value ** No NRV established

INGREDIENTS: Magnesium Citrate, Bulking Agent (Microcrystalline Cellulose), Capsule Shell (HydroxyPropyl MethylCellulose), Ascorbic Acid, Griffonia Seed (98% 5-HTP), L-Tyrosine, Zinc Oxide, Pyridoxal-5-Phosphate, Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Chamomile 12:1 Extract, Montmorency Cherry 50:1 Extract, Cholecalciferol (D3).