

**DIRECTIONS:** Take 4 capsules once per day.  
Take capsules with a glass of water.

**IMPORTANT INFORMATION:** Do not exceed recommended daily dosage. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for use by pregnant or lactating women. If you are taking any medications, are under medical supervision, have an existing medical condition or symptoms of illness, consult your doctor before use. Using this supplement at the same time as other food supplements may result in excessive nutrient dosages, consult a qualified professional if you are unsure. Discontinue use and contact a doctor immediately if any adverse reactions occur. Not intended for use by persons under the age of 18. Do not use if seal is broken or missing. This product is a food supplement and is not intended to diagnose, treat, cure or prevent any medical condition, illness or disease. Store in a cool, dry place. Keep out of the reach of children.

**INGREDIENTS:** Acetyl L-Carnitine, Capsule Shell (Hydroxypropyl Methylcellulose), Rice Flour, Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Pyridoxine Hydrochloride (Vitamin B6), Nicotinamide (Niacin), Riboflavin (B2), Cholecalciferol (Vitamin D3), Chromium Picolinate (Chromium), D-Biotin (Biotin).

**MANUFACTURED FOR:** Euro Nutrition Ltd, Discovery Court, 551-553 Wallisdown Rd, Poole, BH12 5AG, UK.

**ILN**

**CARNITINE**

**120** VEGETARIAN  
CAPSULES

**ACETYL-L-CARNITINE**

**ACETYL L CARNITINE WITH  
6 ADDED NUTRIENTS PROVIDING  
2000MG PER SERVING**

**FOOD SUPPLEMENT**

## Nutritional Information

Daily Serving Size: 4 Capsules

Servings per Container: 30

Per Serving (4 Capsules)		%RI*
Acetyl L-Carnitine	2,000 mg	**
Vitamin D (as D3)	2 µg	40%
Riboflavin (B2)	4 mg	286%
Niacin (B3)	4 mg NE	25%
Vitamin B6	4 mg	286%
Biotin	200 µg	400%
Chromium	80 µg	200%

\* Reference Intake

\*\* No RI established

**BEST BEFORE END / LOT:**

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Suitable for Vegetarians.

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