

Oceans 3™ Better Brain

Oceans 3™ Better Brain provides all the benefits of a high-potency Omega-3 supplement **plus** the following amplified range of targeted benefits unmatched by ordinary Omega-3 formulations.

Brain Performance

- Supports brain function by improving blood flow and the utilization of oxygen[†]
- Provides nutritional support for mild memory loss associated with stress or aging[†]
- Supports healthy neurological function[†]
- Supports mental focus, memory, and learning functions[†]
- Supports mental acuity and promotes a relaxed state of mind[†]
- Crosses the blood brain barrier[†]
- Promotes stress management and emotional well-being[†]
- Maintains eye health and normal vision[†]

For every bottle sold a donation will be made to NPF, National Parkinson Foundation. www.parkinson.org

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by **Garden of Life LLC**
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Made in the U.S.A. www.gardenoflife.com

We Support
NPF
National Parkinson
Foundation



OCEANS 3™

Better Brain
with OmegaXanthin®

SUPPORTS HEALTHY BRAIN FUNCTION[†]

90 Softgels

Omega-3 Dietary Supplement

Suggested Use: Adults take 3 softgels daily. Best taken with meals and at least 8 ounces of water. Not intended for children under 4 years of age. Children 4 and up may take 1 softgel daily. Softgels are enhanced with a light, natural strawberry flavor – enjoy! To preserve freshness, immediately refrigerate after opening.

Advanced Usage: Adults may increase gradually to 2 softgels three times daily (6 softgels per day).

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 20	
Calories from Fat 20	
Total Fat 2 g	3% ¹
Vitamin A* (50% as beta-carotene) 1,000 IU	20%
Vitamin D* 500 IU	125%
Vitamin E* 15 IU	50%
Vitamin K* 55 mcg	88%
Thiamin* (Vitamin B ₁) 1.5 mg	100%
Niacin* (as Nicotinamide) 20 mg	100%
Vitamin B ₆ * 2 mg	100%
Folate* 400 mcg	100%
Vitamin B ₁₂ * 6 mcg	100%

OmegaXanthin® Blend with Cod Liver Oil	1.5 g	
Total Omega-3 Fatty Acids	1 g	
EPA (Eicosapentaenoic Acid)	525 mg	+
DHA (Docosahexaenoic Acid)	364 mg	+
Other Omega-3s	125 mg	+
Omega-3 Cod Liver Oil	482 mg	+
BioAstin® (4 mg natural astaxanthin standardized in safflower oil)	80 mg	+
Concentrated Fucosanthin	1 mg	+
Better Brain Botanical Blend	431 mg	
Bacopa extract (Bacopa monnieri)	330 mg	+
Phosphatidylserine	86 mg	+
Vinpocetine	15 mg	+

¹ Percent Daily Values are based on a 2,000 calorie diet.

+ Daily Value not established.

Ingredients: Ultra pure, high potency fish oil (anchovies and sardines), gelatin, glycerin, beeswax, beta-carotene, natural strawberry flavoring, soy lecithin.

* As RAW Food-Created Nutrients™

No filler ingredients, artificial colors or preservatives.

Gluten Free, Dairy Free.

CAUTION: Your diet or health situation may benefit from the advanced use of this product. Check with your healthcare practitioner to determine your needs. As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, allergic to iodine, use blood thinners, anticipate surgery, or under medical supervision. Small objects like pills can become inadvertently lodged in the throat. Softgels may be placed oral contents can be mixed with water, juice or food. Children should always be under adult supervision when consuming this product. Do not use if safety seal is broken or missing.

Keep out of reach of children.

BioAstin®
NATURAL ASTAXANTHIN

For more information about
OmegaXanthin® visit
www.BeyondOmega3.com
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