

**21<sup>ST</sup>**  
**CENTURY<sup>®</sup>**



**NEW**

STANDARDIZED

# Ashwagandha EXTRACT



Stress & Mood Support\*

HERBAL SUPPLEMENT | GLUTEN FREE | NON-GMO

**60 VEGETARIAN CAPSULES**

**Directions:** As an herbal supplement, adults take one (1) capsule daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

501628-0422

## Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
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Ashwagandha Extract 500 mg	**
Standardized ( <i>Withania somnifera</i> ) (root & leaf)(Standardized for withanolide glycosides)	

\*\*Daily Value not established.

**Other Ingredients:** Cellulose.  
**Contains <2% of:** Magnesium Stearate, Rice Bran, Silicon Dioxide.

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## Ashwagandha Extract

Ashwagandha Extract is an adaptogenic herb that supports a healthy stress response and mood.\*

**No added Sugar, Salt, Yeast, Preservatives or Artificial Flavors. Suitable for Vegans.**

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21<sup>ST</sup> CENTURY HEALTHCARE, INC.  
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21stcenturyvitamins.com

**GUARANTEED QUALITY**  
**LABORATORY TESTED**

TRUSTED  
QUALITY  
FOR OVER  
**30**  
YEARS



ACTUAL SIZE

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