

directions

As a dietary supplement, take four capsules daily with breakfast.

benefits

- **Biotin (10,000mcg):**
Promotes healthier hair growth, glowing skin, and stronger nails.*
- **Chromium TRAACs:**
Improves insulin sensitivity and metabolism.*
- **Myo-Inositol (2,000mg):**
Restores ovarian function, improves fertility, regulates your menstrual cycle, and helps your body to use insulin effectively.*
- **L-glutathione:**
Protects against oxidative stress, supports your immune system and liver detoxification.*
- **Diindolylmethane DIM (150mg):**
Restores healthy hormone balance of estrogen, improves mood, and promotes clear skin.*
- **Alpha-lipoic Acid:**
Supports blood sugar levels, reduces inflammation, and improves nerve function.*
- **BioPerine:**
Increases bioavailability of nutrients and enhances absorption of whole food and supplements.*

WARNING: Do not use if you are pregnant, lactating, or have serious medical conditions. All persons should consult a physician before using dietary supplements, as individuals have different supplemental needs.

KEEP OUT OF REACH OF CHILDREN.

KEEP CONTAINER TIGHTLY CLOSED IN A COOL, DRY AND DARK PLACE.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

essential balance

Support hormonal balance*
Boost metabolism & mood*
Promote healthy hair, skin, & nails*

120 capsules
Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV*
Folate (as 5-methyltetrahydrofolate calcium)	400 mcg DFE	100%
Biotin	10,000 mcg	33333%
Calcium (as dicalcium phosphate)	56 mg	4%
Chromium (TRAAC® chromium nicotinate glycinate chelates)	120 mcg	340%
Myo-Inositol	2,000 mg	**
L-Glutathione (Reduced)	250 mg	**
3,3'-Diindolylmethane (DIM)	150 mg	**
Alpha Lipoic Acid	100 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioxperine®)	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Capsule (Vegetable Cellulose, Titanium Dioxide), Microcrystalline Cellulose, Silicon Dioxide

BioPerine® is a registered trademark of Sabinza Corporation.

Manufactured for & Distributed by:

FOXFIT

Austin, TX | 888-401-6685

  @foxyfitsupplements

 foxyfitsupplements.com

 info@foxyfitsupplements.com

