

Nested Naturals Menopause Care is a harmonious blend of herbs formulated to support women in perimenopause and menopause.*

- ✓ Black cohosh is a plant in the buttercup family that is a naturally sourced botanical who is an expert at supporting healthy hormone balance.*
- ✓ Black cohosh works together harmoniously with Dong Quai, Chamomile and Milk Thistle to promote female hormone balance.*
- ✓ Dong Quai, known as the "female ginseng" in Traditional Chinese Medicine, Chamomile and Milk Thistle help promotes normal hormone function.*

Suggested Use: Take 1 vegan capsule twice daily with water as needed.

Warning: Use only as directed. Consult your healthcare professional before use if you are pregnant or nursing, have a serious medical condition, or use prescription medications. Keep out of reach of children. Food supplements are not a substitute for a varied diet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nested
NATURALS

MENOPAUSE

COMPLETE HERBAL CARE

Formulated to Support Women in
Perimenopause and Menopause*



DIETARY SUPPLEMENT

60 VEGAN CAPSULES

Supplement Facts

Serving Size: 1 Vegan Capsule
Servings Per Container: 60

Amount per serving	% Daily Value	
Dong Quai 4:1 Extract		
(Angelica Sinensis, Root)	200mg	†
Chamomile 4:1 Extract		
(Matricaria Chamomilla, Flower)	100mg	†
Milk Thistle 4:1 Extract 80% Silymarin Flavonodis		
(Silybum Marianum, Seed)	50mg	†
Black Cohosh 4:1 Extract		
(Cimicifuga Racemosa, Root)	40mg	†

† Daily Value not established

OTHER INGREDIENTS: RICE FLOUR, VEGETABLE CELLULOSE (CAPSULE).

DISTRIBUTED BY: NESTED NATURALS INC.
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1-866-992-3677 | support@nestednaturals.com

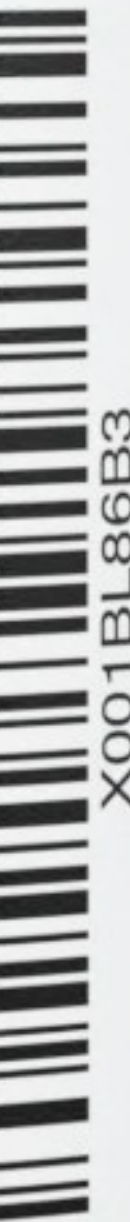
Store in a cool, dry place. Avoid excessive heat.
Do not use if safety seal is broken.

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

Get Your Next Bottle Free*
[nestednaturals.com/free](https://www.nestednaturals.com/free)

*One use per customer



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Menopause Complete Herb... A Day Menopause Relief - New

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