Our Mission:

To better your health & wellness with clean ingredients backed by evidence-based science.

Guaranteed for Life

We're confident you'll love our 5-HTP, but if you don't call or email us for a full refund.

Radically Transparent

You deserve to know everything that goes into your body. We include every single ingredient on the label.

Third Party Tested

Every batch is tested to ensure you get all the good stuff.

Nested Naturals 1% for Health and Happiness

Your purchase helps make the world a healthier and happier place.

Balance the levels of serotonin to promote relaxation and better sleep habits.*

- ✓ Balanced serotonin levels offer support during stressful times.*
- ✓ Healthy serotonin levels may help with better sleep.*

Suggested Use: Take 1 vegan capsule daily with water as needed.

Warning: Use only as directed.
Consult your healthcare
professional before use if you
are pregnant or nursing, have
a serious medical condition, or
use prescription medications.
For adult use only.

* These statements
have not been evaluated
by the Food and Drug
Administration. This
product is not intended to
diagnose, treat, cure, or
prevent any disease.



Sleep and Stress Support*









Dietary Supplement

120 Vegan Capsules

Supplement Facts

Serving Size: 1 Vegan Capsule Servings Per Container: 120

Amount per serving

% Daily Value

5-HTP (5-Hydroxytryptophan) 100mg

† Daily Value not established

OTHER INGREDIENTS:

RICE FLOUR, PLANT CELLULOSE (CAPSULE)

DISTRIBUTED BY:

NESTED NATURALS INC. 250 - 997 SEYMOUR ST. VANCOUVER, BC V6B 3M1 | 1-866-992-3677 support@nestednaturals.com

Store in a cool, dry place. Avoid excessive heat. Do not use if safety seal is broken.

Allergies? We have you covered.

This product contains no wheat, gluten, GMO, soy, dairy, egg, corn, fish, shellfish, nuts, tree nuts, yeast, barley, or added sugar.

Get Your Next Bottle Free*
nestednaturals.com/free
*One use per customer



