

QUICK & SUSTAINED KETO FUEL

Nutiva MCT Oil contains a blend of high quality medium-chain triglycerides from organic coconuts, providing easily digestible fats that support both brain and body with fast and sustained energy.[§]

all day benefits



POWER your brain through the morning[§]



ENERGIZE your body before workouts[§]



FUEL your day and crave less[§]

GREAT FOR



COFFEE



SHAKES



SALADS



YOUR **NUTIVA**® PURCHASE SUPPORTS
THE *people* AND *ecosystems*
THAT GROW IT.

[§] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ORGANIC MCT OIL

FUELS BODY & BRAIN[§]



POWER YOUR BRAIN[§]



ENERGIZE YOUR BODY[§]



FUEL YOUR DAY[§]



16 FL OZ (1 PT) 473mL © DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tbsp (15mL)

Servings Per Container About 32

	Amount Per Tablespoon	% Daily Value
Calories	130	
Total Fat	14 g	18%*
Saturated Fat	14 g	70%*
Medium-Chain Triglycerides (MCTs)	14 g	**
Caprylic acid (C8:0)	9.0 g†	**
Capric acid (C10:0)	4.8 g†	**

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

**Daily Value (DV) not established.

INGREDIENTS: ORGANIC MEDIUM-CHAIN TRIGLYCERIDES FROM COCONUT OIL.

CONTAINS: COCONUT.

MANUFACTURED FOR NUTIVA®

213 W. CUTTING BLVD., RICHMOND, CA 94804
800-993-4367 • WWW.NUTIVA.COM

CERTIFIED ORGANIC BY: QAI (US-ORG-050)

PRODUCT OF PHILIPPINES

†Natural variations can occur.

NOTE: Consult your health care practitioner before using if you are pregnant, nursing, taking medications, or have a medical condition.

STORAGE: No refrigeration required. Tamper-evident; use only if seal is intact.

SUGGESTED USE: Take 1 Tbsp 1–3 times daily as a dietary supplement. New users start slowly and build to recommended dosage. Excessive consumption may cause stomach discomfort.

USAGE WARNING: This product will react with certain plastics, including styrofoam, and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE/PET plastics.



PLEASE
RECYCLE



NON
BPA

