

QUICK & SUSTAINED KETO FUEL

Nutiva MCT Oil contains a blend of high quality medium-chain triglycerides from organic coconuts, providing easily digestible fats that support both brain and body with fast and sustained energy.[§]

all day benefits



POWER your brain through the morning[§]



ENERGIZE your body before workouts[§]



FUEL your day and crave less[§]

GREAT FOR



COFFEE



SHAKES



SALADS



YOUR NUTIVA® PURCHASE
SUPPORTS THE *people* AND
ecosystems THAT GROW IT.

[§] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

nutiva

ORGANIC MCT OIL

FUELS BODY & BRAIN[§]



POWER YOUR BRAIN[§]



ENERGIZE YOUR BODY[§]



FUEL YOUR DAY[§]



32 FL OZ (1 QT) 946 mL © DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tbsp (15 mL)

Servings Per Container About 63

	Amount Per Tablespoon	% Daily Value
Calories	130	
Total Fat	14 g	18%*
Saturated Fat	14 g	70%*
Medium-Chain Triglycerides (MCTs)	14 g	**
Caprylic acid (C8:0)	9.0 g [†]	**
Capric acid (C10:0)	4.8 g [†]	**

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

**Daily Value (DV) not established.

INGREDIENTS: ORGANIC MEDIUM-CHAIN TRIGLYCERIDES FROM COCONUT OIL.

CONTAINS: COCONUT.

MANUFACTURED FOR NUTIVA®

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CERTIFIED ORGANIC BY: QAI (US-ORG-050)

PRODUCT OF PHILIPPINES

[†]Natural variations can occur.

NOTE: Consult your health care practitioner before using if you are pregnant, nursing, taking medications, or have a medical condition.

STORAGE: No refrigeration required. Tamper-evident; use only if seal is intact.

SUGGESTED USE: Take 1 Tbsp 1–3 times daily as a dietary supplement. New users start slowly and build to recommended dosage. Excessive consumption may cause stomach discomfort.

USAGE WARNING: This product will react with certain plastics, including styrofoam, and should only be used with utensils and containers made of metal glass, ceramic or safe HDPE/PET plastics.



PLEASE
RECYCLE



NON
BPA



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