



welly[®]
DRUG FREE

Lights Out.
Dream On.
**INGREDIENTS
HELP:**

- You fall asleep faster*
- You stay asleep longer*
- Promote healthy sleep cycles*

Non-habit forming*

Rest Gently

MELATONIN
MAGNESIUM
BOTANICALS

Dietary Supplement

FREE FROM ✕

- SYNTHETIC DYES
- TALC
- PARABENS
- ARTIFICIAL FLAVORS

60 · SOFTGELS



SS1098.01



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Rest Gently



Suggested Use: Adults, take 2 softgels per day, 30-60 minutes before bedtime, as needed, for occasional sleeplessness. Swallow whole with a glass of water.

Supplement Facts

Serving Size 2 Softgels		
Servings Per Container 30		
Amount Per Serving	% DV	
Calories	5	
Total Fat	0.5 g	1%†
Magnesium (as magnesium citrate)	100 mg	24%
Melatonin	5 mg	**
Welly® Rest Gently Proprietary Blend	50 mg	**
Chamomile Flower Extract (<i>Matricaria chamomilla</i>)		
Passionflower Extract (<i>Passiflora incarnata</i> , aerial parts)		
Lavender Oil (<i>Lavandula angustifolia</i> , flower and stem)		

† Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Rice Bran Oil (*Oryza sativa*), Gelatin, Glycerin, Water, Yellow Beeswax, Sunflower Lecithin, Maltodextrin, Glucose Syrup, Titanium Dioxide (mineral-derived color), Carmine (color), Vegetable Juice (plant-derived color)

Distributed by: Welly Health PBC, Minneapolis, MN 55402
1-833-BE-WELLY Welly® www.GetWelly.com

TAMPER EVIDENT: DO NOT USE IF SHRINK WRAP AROUND NECK OR SAFETY SEAL IS BROKEN OR MISSING.

Please remove shrink & recycle bottle & cap.
Product of US with globally sourced materials.

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish, sesame and wheat.

Intended for occasional use only. Do not exceed suggested use. If you have a medical condition or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Consult a health care professional if you are experiencing long-term sleep difficulties. This product is not intended to treat insomnia or sleep disorders. Not intended for use in children.

WARNING: Do not use with any medications/drugs or supplements that can induce sleep or drowsiness, or that contain melatonin. Avoid driving, operating machinery, or consuming alcohol while taking this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.