

Also called Peruvian Ginseng, Maca is a root that grows in Peru. Maca Root may help improve sexual health, boost libido and strengthen endurance in both men and women.\* It may support women's health by balancing hormone levels and relieving symptoms of menopause, such as hot flashes, cramps, mood swings, etc.\* Maca is rich in vitamins and minerals.\* Vitamin C in Maca supports immune health and aids your body in fighting diseases.\* Iron in Maca supports heart health and aids in the growth of red blood cells.\*

**SUGGESTED USE:** As a dietary supplement, adults take one (1) veggie capsule 1 to 2 times daily, preferably with meals or as directed by a health care professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing women, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURAL DIETARY SUPPLEMENT

# Maca

**Nutrient-Dense Superfood\***

- Promotes Fertility & Reproductive Health\*
- Supports Mood & Hormonal Balance\*
- Supports Cardiovascular & Immune Health\*



**500 VEGGIE CAPSULES**

**500MG**

**Supplement Facts**

Serving Size 1 Veggie Capsule  
Serving Per Container 500

	Amount Per Serving	% DV
<b>Maca</b> ( <i>Lepidium meyenii</i> ) (root)	500 mg	**

\*\* Daily Value not established

OTHER INGREDIENTS: Cellulose (Capsule) and Magnesium Stearate.

CONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

KEEP OUT OF REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE IN A COOL, DRY PLACE.

PROUD SUPPORTER

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