

Heart Healthy Multivitamin™ COMPLETE

is a daily essential formula. It provides daily nutrition with added cardiovascular, immune, and antioxidant support.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreen, Inc.

Sensoril® is a registered trademark of Natreen, Inc., and the product is protected under U.S. Patent No. 7,368,938 and CA Patent No. 2,508,478.



Cardiologist
Formulated



Overall
Health



Immune
Health

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra

Heart Healthy Multivitamin™ COMPLETE

Promotes heart, immune,
and overall health plus
provides powerful
antioxidant support¹



Dietary Supplement

60 Tablets

Doctor's Suggested Use: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta-carotene, retinyl acetate)	900 mcg RAE 100%	CardioCalm Blend	400 mg *
Vitamin C (as ascorbic acid)	150 mg 167%	Ashwagandha ¹ (root and leaf)(Sensoril [®]), Organic Moringa ¹ (leaf), Organic Mlaca ¹ (root), Holy Basil ¹ (leaf), Green Tea ¹ (leaf), Turmeric ¹ (rhizome), Cordyceps ¹ (mycelium), Organic Reishi ¹ (mycelium and fruiting body) ¹ Denotes Extract, ² Denotes Powder	
Vitamin D (as cholecalciferol)	100 mcg (4,000 IU) 500%	Cardio Antioxidant Blend	100 mg *
Vitamin E (as d- α -tocopheryl succinate)	134 mg 893%	Acai ¹ (Euterpe oleracea, fruit), Organic Amla ¹ (fruit), Goji ¹ (Lycium barbarum, fruit), Pomegranate ¹ (fruit), Acerola ¹ (fruit), Mangosteen ¹ (fruit), Strawberry ¹ (fruit), Cranberry ¹ (fruit), Maqui ¹ (Aristotelia chilensis, fruit), Jabuticaba ¹ (Myrciaria cauliflora, fruit)	
Thiamine (as thiamine mononitrate)	20 mg 1,667%	¹ Denotes Extract, ² Denotes Powder	
Riboflavin	20 mg 1,538%	Trans-Resveratrol	10 mg *
Niacin (as niacinamide)	30 mg 188%	Alpha Lipoic Acid	10 mg *
Vitamin B6 (as pyridoxal-5-phosphate)	12.5 mg 735%	Lutein (from marigold flower)	10 mg *
Folate (as L-5-methyltetrahydrofolate calcium)	680 mcg DFE 170% (400 mcg folic acid)	Red Wine Polyphenols (from grape, fruit)	8 mg *
Vitamin B12 (as methylcobalamin)	250 mcg 10,417%	Zeaxanthin (from marigold flower)	2 mg *
Biotin	2,500 mcg 8,333%	Menaquinone-7 (Vitamin K2)	45 mcg *
Pantothenic Acid (as calcium pantothenate)	30 mg 600%		
Calcium (as calcium citrate)	50 mg 4%		
Iodine (as potassium iodide)	150 mcg 100%		
Magnesium (as magnesium oxide)	100 mg 24%		
Zinc (as zinc gluconate)	10 mg 91%		
Selenium (as L-selenomethionine)	100 mcg 182%		
Chromium (as Crominex [®] 3+ chromium stabilized with Capros [®] standardized Amla Extract (fruit), PrimaVie [®] purified and standardized Shilajit)	200 mcg 571%		

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate, hypromellose, glycerin, hydroxypropyl cellulose

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Please see bottom of bottle for Lot No. and Expiration Date

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