



PAA160515

Centrum

SILVER



B-Vitamins help promote heart health



Zinc and B-Vitamins help support normal brain function



Vitamins A, C, and E, and Lutein support healthy eyes*



Vitamin D and Calcium help maintain strong bones

NEW LOOK!



Centrum

SILVER

WOMEN 50+

Supports heart, brain,
eye health + bone strength**



65 Tablets

Multivitamin/Multimineral Supplement

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WOMEN 50+

SILVER

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NEW LOOK!



SUGGESTED USE: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 1,050 mcg (43% as Beta-Carotene)	117%	Pantothenic Acid 5 mg	100%
Vitamin C 100 mg	111%	Calcium 300 mg	23%
Vitamin D ₃ 25 mcg (1,000 IU)	125%	Iron 8 mg	44%
Vitamin E 15.8 mg	105%	Phosphorus 20 mg	2%
Vitamin K 50 mcg	42%	Iodine 150 mcg	100%
Thiamin 1.1 mg	92%	Magnesium 100 mg	24%
Riboflavin 1.1 mg	85%	Zinc 15 mg	136%
Niacin 14 mg	88%	Selenium 22 mcg	40%
Vitamin B ₆ 5 mg	294%	Copper 0.5 mg	56%
Folate 667 mcg DFE (400 mcg Folic Acid)	167%	Manganese 2.3 mg	100%
Vitamin B ₉ 50 mcg	2,083%	Chromium 52 mcg	149%
Biotin 30 mcg	100%	Molybdenum 50 mcg	111%
		Chloride 72 mg	3%
		Potassium 80 mg	2%
		Lutein 300 mcg	*

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid (Vit. C), Dibasic Calcium Phosphate, Microcrystalline Cellulose, Maltodextrin, DL-alpha Tocopheryl Acetate (Vit. E), Modified Corn Starch, Contains <2% of: Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Copper Sulfate, Corn Starch, Croscaps, Cyanocobalamin (Vit. B₁₂), Ferrous Fumarate, Folic Acid, Gelatin, Hydroxypropylmethylcellulose, Lutein, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Nicotinamide, Phytonadione (Vit. K), Polydextrose, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40 Lake, Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to preserve freshness), Sodium Molybdate, Sodium Selenate, Talc, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Acetate, Zinc Oxide. Distributed by: GSK Consumer Healthcare, Warren, NJ 07059. As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If taking other supplements, read label, since supplements may contain the same ingredient.

Store at room temperature. Keep bottle tightly closed. Bottle sealed with printed foil under cap. Do Not Use if foil is torn. Trademarks are owned by or licensed to the GSK group of companies. ©2021 GSK group of companies or its licensors.

Questions? Comments? Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

For US Patent or Application status see www.productpats.com

* Not a replacement for cholesterol-lowering drugs

** This product is not intended to provide daily intake of lutein. Take with a diet rich in fruits and vegetables.

† Non-GMO applies to Centrum & Centrum Silver Tablets only, learn more at centrum.com

Verified Non-GMO & Gluten Free!™

FloraGLO LUTEN LUTEN FloraGLO is a trademark of Kemira Industries, Inc.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.