Suggested Pollen Program:

- To lessen the possibility of an allergic reaction, break the tablet into quarters and take 1/4 tablet (125 mg) for five days. Increase to 1/2 tablet (250 mg) for five days. The next five days take 3/4 tablet (375 mg).
- Then take the entire tablet (500 mg).
- Gradually increase consumption until desired results are achieved.

Caution: Consult your physician prior to using this product if you are pregnant, nursing or have any pre-existing medical conditions.

Note: The color, taste, and texture of this product may vary due to its natural ingredients and/or seasonal changes.

- Keep out of reach of children
- Protect from heat, light, and moisture
- Store at 59-86°F (15-30°C)
- Do not purchase if seal is broken

Made in the USA

www.goldenprideonline.com

Item #100848

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Honeybee **Pollen**



Energize with Nature's Wonder Food!†

100 Tablets • Dietary Supplement

Supplement Facts

Serving size: 1 tablet	Servings per	Servings per container: 100	
Amou	nt Per Serving	% Daily Value*	
Total Calories	< 1%	- 19	
Total Fat	10 mg	< 1%	
Sodium	0.03 mg	< 1%	
Total Carbohydrates	331 mg	< 1%	
Sugars	186 mg		
Protein	150 mg	< 1%	
Bee Pollen	500 mg		

* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Honey, vegetable stearine. CONTAINS: BEE POLLEN

Distributed by: Golden Pride International 800-575-1634

West Palm Beach, FL 33407

^{**} Daily value not established.