

Supplement Facts: Serving Size: 1 Tube (15 mL), Servings Per Container: 1, Amount Per Serving: Calories 35, Total Carb. 9 g (3% DV*), Sugars 0 g (t), Sugar Alcohol (as Xylitol) 1 g (t), Vitamin C (as Ascorbic Acid) 100 mg (167% DV), Vitamin B-1 (from Thiamine HCl) 3 mg (200% DV), Riboflavin (Vitamin B-2) 3.4 mg (200% DV), Niacin (as Nicotinamide) (Vitamin B-3) 50 mg (250% DV), Vitamin B-6 (from Pyridoxine HCl) 10 mg (500% DV), Folic Acid 400 mcg (100% DV), Vitamin B-12 (as Cyanocobalamin) 10 mg (10,000 mcg) (166,667% DV), Biotin 300 mcg (100% DV), Pantothenic Acid (from Calcium Pantothenate) 50 mg (500% DV), Choline (from Choline Bitartrate) 5 mg (t), Inositol 5 mg (t). *Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerine, Xylitol, Natural Berry and Cherry Flavors, Malic Acid, Potassium Sorbate (as preservative) and Natural French Vanilla Flavor.

Distributed by NOW FOODS, 395 S. Glen Ellyn Rd., Bloomington, IL 61708 Made in the U.S.A. www.nowfoods.com
Contains no salt, yeast, wheat, gluten, soy, milk, egg or shellfish. Vegetarian/Vegan Product.



SHOTS™

B-12

10,000 mcg

energy boost*

mixed berry

EXPLOSIVE LONG-LASTING ENERGY*

- Highest Potency B-12
- 100% Natural, Caffeine-Free
- A Full Spectrum of B Vitamins
- 11 Energy-Enhancing Core Nutrients

1 Single Dose: 15 mL (0.5 fl. oz.) Shot
A Dietary Supplement / Vegetarian Formula

CODE 0455 V2



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SUGGESTED USAGE: Shake plastic tube before using. Snap top off of tube and squeeze liquid contents into mouth & swallow. Take 1 tube daily, preferably in the morning.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.