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Suggested Usage: Adults take 1 capsule daily, 30-60 minutes before bedtime on an empty stomach, or as directed by a health professional.

Warning: Consult a health professional if you are experiencing long-term sleep difficulties, before use in children and pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Lactium® is a registered trademark used under license.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten-free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #202401 V3

Rest Reset™

Dietary Supplement

Advanced formula to promote restful sleep‡



30 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 30

	Amount Per Serving	%DV
Passion Flower Extract.....	425 mg	*
[Passiflora incarnate, aerial parts]		
Lactium® Casein Hydrolysate	175 mg	*
[containing a bioactive decapeptide]		
Melatonin	3 mg	*

*Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, silica, ascorbyl palmitate and hydroxypropyl cellulose

Contains: Milk

Manufactured by: Douglas Laboratories
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