

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ORGANIC
gluten free • non-gmo • dairy free

TO REORDER ITEM #22715
puritan.com 1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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880453 00A



Made in The USA
with select ingredients
from around the world

30 tablets

MEN'S MULTI

High-quality fermented blend of 12
Essential Vitamins and Minerals for
Energy Metabolism and Prostate Support*



dietary
supplement

Puritan's Pride® Organic supplements are certified USDA Organic, gluten-free, and dairy-free. We do not use any synthetic dyes or Genetically Modified Organisms (GMOs). Manufactured in the USA, using only the best and purest ingredients from around the world.

Non-GMO • No Gluten • No Wheat • No Milk
• No Lactose • No Artificial Color • No Artificial
Flavor • No Artificial Sweetener • No Peanuts
• No Tree Nuts • No Fish • Sodium Free

Puritan's Pride® Men's Multi is enriched with a powdered blend sourced from over 15 different organic fruits and vegetables. Selenium is an essential trace mineral and potent antioxidant that supports prostate and immune system health.*

PEEL HERE ▶

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value		
Vitamin A (as Beta-Carotene)†	216 mcg	24%	Organic Fruit and Vegetable Blend	100 mg	**
Vitamin C (from Organic Acerola Berry and Ascorbic Acid)	18 mg	20%	Organic Red Bell Pepper (<i>Capsicum annuum</i>) (fruit), Organic Maltodextrin, Organic Tomato (<i>Lycopersicon esculentum</i>) (fruit), Organic Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Organic Strawberry (<i>Fragaria virginiana</i>) (fruit), Organic Acai (<i>Euterpe oleracea martii</i>) (fruit), Organic Beet (<i>Beta vulgaris</i>) (root), Organic Blueberry (<i>Vaccinium angustifolium</i>) (fruit), Organic Broccoli (<i>Brassica oleracea italica</i>) (stem and floret), Organic Carrot (<i>Daucus carota sativus</i>) (root), Organic Kale (<i>Brassica oleracea acephala</i>) (leaf), Organic Spinach (<i>Spinacia oleracea</i>) (leaf), Organic Goji (<i>Lycium barbarum</i>) (fruit), Organic Pumpkin (<i>Cucurbita spp.</i>) (fruit), Organic Pomegranate (<i>Punica granatum</i>) (fruit), Organic Rice Flour, Organic Grape (<i>Vitis labrusca</i>) (fruit), Organic Sunflower (<i>Helianthus annuus</i>) (seed)		
Vitamin D (as D3 Cholecalciferol)†	20 mcg (800 IU)	100%			
Niacin (as Niacinamide)†	4.8 mg	30%			
Vitamin B-6 (as Pyridoxine Hydrochloride)†	2.5 mg	147%			
Folate†	200 mcg DFE (120 mcg folic acid)	50%			
Vitamin B-12 (as Cyanocobalamin)†	3.6 mcg	150%			
Biotin (as d-Biotin)†	10 mcg	30%			
Pantothenic Acid (as Calcium Pantothenate)†	1.25 mg	25%			
Iodine (as Potassium Iodide)†	150 mcg	100%			
Zinc (as Zinc Oxide)†	2.2 mg	20%			
Selenium (as Selenium Dioxide)†	60 mcg	120%			

**Daily Value not established.

Other Ingredients: Organic Dextrose, Organic Dextrin, Fermentation Blend (Organic Soy Flour, Organic Yeast, *L. acidophilus*, *B. bifidum*, *L. rhamnosus*, Organic Gum Arabic, Papain, Bromelain), Organic Bamboo Extract, Organic Maltodextrin, Organic Rice Extract Blend, Organic Carrots, Organic Alfalfa Grass, Organic Safflower Oil, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum. Contains soy ingredients. †Nutrients incorporated into a Fermented Blend.