

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM #22797
puritan.com 1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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BB0462 OOA



Certified Organic by
Quality Assurance
International

Made In The USA
with select ingredients
from around the world

30 tablets

Puritan's Pride

ORGANIC

gluten free • non-gmo • dairy free

HERBAL SLEEP COMPLEX

A wholesome blend of herbs with soothing
properties to support calm, tranquil rest*



dietary
supplement

Puritan's Pride® Organic supplements are
certified USDA Organic, gluten-free, and
dairy-free. We do not use any synthetic dyes
or Genetically Modified Organisms (GMOs).
Manufactured in the USA, using only the best
and purest ingredients from around the world.

Non-GMO • No Gluten • No Wheat • No Milk
• No Lactose • No Artificial Color • No Artificial
Flavor • No Artificial Sweetener • No Peanuts
• No Tree Nuts • No Fish • Sodium Free

A wholesome blend of traditional herbs, including
Valerian, a root that has a long history of use for
relaxation and occasional sleeplessness dating
back to traditional Greek medicine.*

PEEL HERE ►

DIRECTIONS: For adults, take one (1) tablet daily, preferably
with a meal.

WARNING: If you are pregnant, nursing, taking any
medications or have any medical condition, consult your
doctor before use. Avoid this product if you are allergic to
ragweed or daisy-like flowers. Discontinue use and consult
your doctor if any adverse reactions occur. Excessive
consumption may impair ability to drive a motor vehicle or
operate heavy equipment. Not intended for use by persons
under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM
TEMPERATURE. DO NOT USE IF SEAL UNDER CAP IS
BROKEN OR MISSING.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Organic Valerian (<i>Valeriana officinalis</i>) (root)	300 mg **
Organic Chamomile (<i>Matricaria recutita</i>) (flower)	100 mg **
Organic Passion Flower Extract (<i>Passiflora incarnata</i>) (aerial)	70 mg **
Organic Lemon Balm (<i>Melissa officinalis</i>) (aerial)	30 mg **

**Daily Value not established.

Other Ingredients: Organic Dextrin, Organic Gum Fiber Blend
(Organic Guar Gum, Organic Gum Arabic, Organic Agave Fiber,
Organic Rice Hulls, Organic Agave Syrup), Organic Bamboo
Extract, Organic Rice Extract Blend, Organic Maltodextrin,
Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum.