


\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

0 74312 00625 8

TO REORDER ITEM #22795  
puritan.com 1-800-645-1030

Carefully Manufactured for  
PURITAN'S PRIDE, INC.  
Ronkonkoma, NY 11779 U.S.A.  
© 2019 Puritan's Pride, Inc.  
B80459 OOA

 Certified Organic by  
Quality Assurance  
International

Made In The USA  
with select ingredients  
from around the world



**ORGANIC**

gluten free • non-gmo • dairy free

# HAIR, SKIN & NAILS

Helps support skin, hair and nail health  
so you can look and feel your best\*



30 tablets

dietary  
supplement

Puritan's Pride® Organic supplements are certified USDA Organic, gluten-free, and dairy-free. We do not use any synthetic dyes or Genetically Modified Organisms (GMOs). Manufactured in the USA, using only the best and purest ingredients from around the world.

Non-GMO • No Gluten • No Wheat • No Milk  
• No Lactose • No Artificial Color • No Artificial  
Flavor • No Artificial Sweetener • No Peanuts  
• No Tree Nuts • No Fish • Sodium Free

Featuring 2,500mcg of Biotin, Puritan's Pride® offers premium support for your hair, skin, and nails.\* Biotin, a water-soluble B vitamin, is also essential for the metabolism of protein, carbohydrate, and protein for energy use.\* Our Hair, Skin & Nails formula also includes Grape Seed, Moringa Oleifera and Green Tea Extract for additional health benefits.\*

PEEL HERE ▶

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Biotin (as d-Biotin)	2,500 mcg 8,333%	Organic Moringa ( <i>Moringa oleifera</i> ) (leaf and seed)	50 mg **
Zinc (as Zinc Oxide)†	5 mg 45%	Organic Green Tea Extract ( <i>Camellia sinensis</i> ) (leaf)	50 mg **
Copper (as Copper Sulfate)†	0.9 mg 100%	**Daily Value not established.	
Organic Grape Seed Extract ( <i>Vitis vinifera</i> ) (seed)	50 mg **		

Other ingredients: Organic Dextrose, Organic Dextrin, Fermentation Blend (Organic Soy Flour, Organic Yeast, *L. acidophilus*, *B. bifidum*, *L. rhamnosus*, Organic Gum Arabic, Papain, Bromelain), Organic Bamboo Extract, Organic Rice Extract Blend, Organic Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum.

Contains soy ingredients.

†Nutrients incorporated into a Fermented Blend