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OmegaGenics™ Evening Primrose Oil provides 418 mg of omega-6 fatty acids per softgel from pure evening primrose oil—a natural source of gamma-linoleic-acid (GLA). GLA is a precursor to the prostaglandin E1 series, which play an important role in supporting cellular health and maintaining overall good health.\*

OmegaGenics Evening Primrose Oil is purity guaranteed for reliability you can trust.

Visit [www.WhyOmegaGenics.com](http://www.WhyOmegaGenics.com) to learn more.


**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Directions:** Take one softgel three to six times daily or as directed by your healthcare practitioner.

**Caution:** If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

**This product is Gluten Free.**

**Storage:** Keep tightly closed in a cool, dry place.

 **Metagenics™**

Genetic Potential Through Nutrition

  
**OmegaGenics™**  
Evening Primrose Oil

Purity Guaranteed

(Formerly Meta EPO)

Omega-6 Supplement

90 SOFTGELS

## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Polyunsaturated Fat	418 mg	**
Monounsaturated Fat	31.5 mg	**
Gamma-Linolenic Acid (from evening primrose oil)	50 mg <sup>†</sup>	**
Linoleic Acid (from evening primrose oil)	369 mg <sup>†</sup>	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Gelatin, glycerin, and purified water.

Distributed by: Metagenics, Aliso Viejo, CA 92656 • 1 800 692 9400  
[www.metagenics.com](http://www.metagenics.com)

<sup>†</sup>Measured as area percent.

PROD. EFAM

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