

CLINICALLY STUDIED
TO LAST LONGER THAN REGULAR
VITAMIN C†

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Puritan's Pride

**All Day
Immune Support**

**Ester-C®
Effervescent**

THE BETTER VITAMIN C®
1000mg + Electrolytes

Natural
Orange
Flavor

DIETARY SUPPLEMENT

21 - 10 g (0.35 oz.) PACKETS - Net Wt. 210 g (7.40 oz.)

Directions: For adults, pour packet into 4-6 fl. oz.
of water once daily. Stir or shake.

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	%Daily Value	
Calories	25	
Total Carbohydrate	6 g	2%**
Total Sugars	5 g	***
Includes 5g Added Sugars 10%**		
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg	1,140%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.38 mg	32%
Riboflavin (Vitamin B-2)	0.43 mg	33%
Niacin (as Niacinamide)	5 mg	31%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	588%
Folate	20 mcg DFE (12.5 mcg folic acid)	5%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	50%
Calcium (as Ester-C® Calcium Ascorbate, Calcium Carbonate and Dicalcium Phosphate)	150 mg	12%
Phosphorus (as Potassium Phosphate and Sodium Phosphate)	150 mg	12%
Magnesium (as Magnesium Hydroxide and Magnesium Carbonate)	60 mg	14%
Zinc (as Zinc Ascorbate)	2 mg	18%
Manganese (as Manganese Gluconate)	0.5 mg	22%
Chromium (as Chromium Ascorbate)	5 mcg	14%
Chloride (as Sodium Chloride)	90 mg	4%
Sodium (as Sodium Chloride, Sodium Phosphate and Sodium Bicarbonate)	100 mg	4%
Potassium (as Potassium Phosphate and Potassium Bicarbonate)	280 mg	6%
Proprietary Wellness Blend	58 mg	***
Stevia Extract (Stevia rebaudiana) (leaf), Glycine, Quercetin (Sophora japonica) (flower), Alpha Lipoic Acid, L-Aspartic Acid		

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid.
Contains <2% of: Beta-Carotene (for color), Natural Orange Flavor,
Silica, Vegetable Cellulose.

TAKE ONCE DAILY

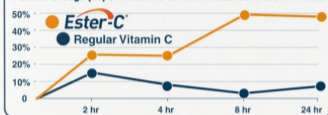
**B VITAMINS
TO SUPPORT
ENERGY***

**24 HOUR
IMMUNE
SUPPORT***

TAKE ONCE DAILY

THE BETTER VITAMIN C®

Percent Change (%) of Vitamin C in White Blood Cells over 24 hours



No Artificial Flavor, No Artificial Sweetener, No Milk, No Lactose,
No Soy, No Gluten, No Wheat, No Yeast, No Fish.

†Ester-C® has been clinically studied to stay in the white blood cells for
up to 24 hours, which is longer than regular Vitamin C. White blood cells
are an important component of the immune system.

WARNING: If you are pregnant, nursing, taking any medications or have any medical
condition, consult your doctor before use. Discontinue use and consult your doctor if
any adverse reactions occur. Not intended for use by persons under the age of 18. Keep
out of reach of children. Store at room temperature. Do not use if packet is torn or open.

Ester-C® and The Better Vitamin C® are registered trademarks of The Ester C Company.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for
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B100288 OGA



TO REORDER ITEM # 26048
www.puritan.com
1-800-645-1030



**100% VEGETARIAN | NON-GMO
NO ARTIFICIAL SWEETENERS**

Ester-C® Effervescent Packets offer
24-hour immune support in a delicious,
natural orange flavored formula.*†

Our superior Ester-C®
THE BETTER VITAMIN C®,
is clinically studied to last longer than
regular Vitamin C.†

Along with essential vitamins, such as
B-6 and B-12 to support energy
metabolism and vital electrolytes to aid
in metabolic hydration,
Ester-C® **THE BETTER VITAMIN C®**,
has your immune support covered.*†

Just take one packet daily with 4-6 fl. oz.
of water and you are good to go!

TAKE ONCE DAILY