

Other Ingredients: Gelatin, Vegetable Glycerin. **Contains <2% of:** Oley Sage Oil, Corn Oil, Mixed Natural Tocopherols, Rosemary Extract, Thyme Oil.

Contains fish (salmon) ingredients.

†As Natural Triglycerides

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 50073

www.puritan.com

1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Rancocas, NJ 11779 U.S.A.
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Puritan's Pride

ALL IN ONE OMEGA

Containing

OMEGA 3, 5, 6, 7 & 9

with **Vitamin D3**

Purified to
eliminate mercury

Supports Heart Health*



60 rapid release
softgels

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Total Fat	2.5 g	3%***
Saturated Fat	0.5 g	3%***
Polysaturated Fat	0.5 g	****
Monounsaturated Fat	1 g	****
Cholesterol	25 mg	8%
Vitamin D (as D3 Cholecalciferol)	5 mcg (200 IU)	25%
Ester-Omega® Wild Alaskan Salmon Oil	2,400 mg (2.4 g)	****
provides the following fatty acid profile:		
Omega-3 Fatty Acids†	500 mg	****
Eicosapentaenoic Acid (EPA)	202 mg	****
Docosahexaenoic Acid (DHA)	180 mg	****
Other Omega-3 Fatty Acids	77 mg	****
Omega-5 Fatty Acids	1.9 mg	****
Omega-6 Fatty Acids	48 mg	****
Omega-7 Fatty Acids	192 mg	****
Omega-8 Fatty Acids	394 mg	****
Astaxanthin	20 mcg	****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.