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## Ester-C Ester-C and The Better Vitamin C are registered trademarks of The Ester C Company.

Ester-C stays in your white blood cells for up to 24 hours. White blood cells are an important component of your immune system. WARNING: If you are pregnant, nursing, taking any medications, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Avoid this product if you are allergic to sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

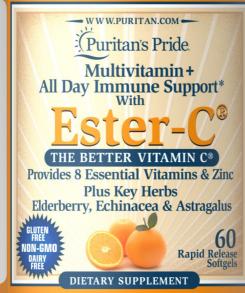
> \*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**TO REORDER ITEM # 26055** www.puritan.com 1-800-645-1030

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DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal. As a reminder, discuss the supplements you take with your healthcare providers.

## **Supplement Facts**

Serving Size 2 Softgels Servings Per Container 30

Amount Per S	erving %D	aily Value	Amount Per Serving %Daily Value	
Calories	15		Biotin (as d-Biotin) 300 mcg 1,000%	
Total Fat	1 g	1%**	Pantothenic Acid 10 mg 200%	
Total Carbohydrate 1 g <1%**			(as d-Calcium Pantothenate)	
Vitamin A (as Retinyl P	750 mcg	83%	Magnesium 25 mg 6% (as Magnesium Oxide)	
Vitamin C	1,000 mg	1.111%	Zinc (as Zinc Oxide) 15 mg 136%	
(as Ester-C®	Calcium As	corbate)	Echinacea 16.5 mg ***	
Vitamin D 15 mcg (600 IU) 75%			(Echinacea purpurea) (aerial)	
(as D3 Chole	ecalciferol)		Elderberry Complex 17 mg	
Vitamin B-6	2 mg	118%	(Sambucus nigra) (berry)	
(as Pyridoxii	ne Hydrochlo	oride)	Astragalus 16.5 mg ***	
Folate		FE 167%	(Astragalus membranaceus) (root)	
	(400 mcg f	olic acid)	**Percent Daily Values are based on	
Vitamin B-12	6 mcg	250%	a 2.000 calorie diet.	

(as Cyanocobalamin)

Amount Per S	Serving %Daily Value
Biotin (as d-Bi	otin) 300 mcg 1,000%
Pantothenic A	cid 10 mg 200%
(as d-Calciu	m Pantothenate)
Magnesium	25 mg 6%
(as Magnesi	ium Oxide)
Zinc (as Zinc (	Oxide) 15 mg 136%
	16.5 mg *** purpurea) (aerial)
Elderberry Co	mplex 17 mg ***
(Sambucus	nigra) (berry)
Astragalus	16.5 mg ***
(Astragalus	membranaceus) (root)

a 2,000 calorie diet. \*\*\*Daily Value not established.

Other Ingredients: Rice Bran Oil, Gelatin, Glycerin, Natural Caramel Color. Contains <2% of: Carob Powder (color), Sunflower Lecithin, Yellow Beeswax.