

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



KSM-66  
Ashwagandha®

KSM-66 Ashwagandha® is a registered trademark of Ixoreal Biomed Inc.

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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# Ashwagandha KSM-66® & L-Theanine



**OCCASIONAL  
ANXIETY  
& STRESS  
SUPPORT\***

Dietary Supplement

**60** TABLETS

**DIRECTIONS:** For adults, take two (2) tablets daily, preferably with meals.

## Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	%Daily Value
Ashwagandha Extract KSM-66® ( <i>Withania somnifera</i> ) (root) (Standardized to contain 5% Withanolides, 30 mg)	600 mg **
L-Theanine	200 mg **

\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Croscopovidone, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Vegetable Glycerin.

Contains milk ingredients.

No Artificial Color, Flavor or Sweetener,  
No Sugar, No Starch, No Soy, No Gluten,  
No Wheat, No Yeast, No Fish.

