

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 53149
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

Ashwagandha

Stress Support

Traditional Herb For Occasional
Stress & Promotes Well Being*

Standardized Extract

90 capsules
HERBAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) vegetarian capsule three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Ashwagandha Extract	750 mg	**
<i>(Withania somnifera)</i> (root)		
(Standardized to contain 1.5% Withanolides, 11.25 mg)		
**Daily Value not established		

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.