

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 51433
www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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www.puritan.com

Puritan's Pride

Ashwagandha

EXTRACT

**STANDARDIZED TO CONTAIN
1.5% WITHANOLIDES**



500 MG

TRADITIONAL
HERB

STANDARDIZED EXTRACT
Herbal Supplement

60 Rapid Release
Capsules

DIRECTIONS: For adults, take one (1) capsule two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ashwagandha Extract <i>(Withania somnifera)</i> (root) (Standardized to contain 1.5% Withanolides, 7.5 mg)	500 mg *

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.