

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 53098

www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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 **Puritan's Pride**

BI-LAYERED
MELATONIN

NIGHTTIME SLEEP AID*

QUICK & EXTENDED
RELEASE

FALL ASLEEP, STAY ASLEEP*

DIETARY
SUPPLEMENT

60 Bi-Layered
Tablets



NOT
ACTUAL SIZE

DIRECTIONS: For adults, take one (1) tablet only at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin	5 mg **

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. Contains <2% of: Silica, Triacetin, Vegetable Juice Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Bi-Layered Melatonin offers an exciting, scientifically engineered delivery form of melatonin. The single dose tablet contains two distinct layers; one for instant release (2 mg) and one for sustained release (3 mg)... eliminating the need for two separate tablets. The instant release component delivers effective, quick release of desired nutrients while the second component is designed to release over the course of several hours. The immediate release provides the potent delivery you initially need, while the sustained release delivers over the course of time to help optimize nutrient levels within your system.* Melatonin may be particularly useful for individuals who experience occasional sleeplessness, especially those with jet lag or shift workers who need to alter their sleep/wake cycles.*

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.