control standards State-of-the-ort WARNING: If you are prepared nursing taking any medications, planning any medica

## Puritan's Pride

COLD PRESSED BLACK

CURRANT OIL

WWW PHRITAN COM

535mg

Supplement Facts Serving Size 1 Softgel

DIRECTIONS: For adults, take one (1) softgel seven times daily, preferably with meals

Angust Per Serving Rlack Currant Seed Oil

Gamma Linolenic Acid (GLA) 80 mg \*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin. 100% Pure Solvent Free

No Lactose. No Soy, No Gluten, No Wheat No Yeast, No Fish, Sodium Free.

A Natural Source

of GLA