No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18. Keep out

of reach of children. Store at room temperature.

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## Botanical Sleep

WITH VALERIAN ROOT,



## PROMOTES SOUND SLEEP\*

Herbal Supplement

30 COATED TABLETS

DIRECTIONS: For adults, take one (1) tablet daily, 30 minutes before bedtime.

## **Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving %Daily Value Valerian Root Extract 300 mg (Valeriana officinalis) (root) (Standardized to contain 0.8% Total Valerenic Acids, 2.4 mg) Passionflower Extract 80 ma (Passiflora incarnata) (aerial) Hops Strobile Extract 30 mg (Humulus lupulus) (flower)

\*\*Daily Value not established

Other Ingredients: Vegetable Cellulose, Maltodextrin, Silica. Crospovidone, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains <2% of: Natural Flavors, Vegetable Glycerin.

For occasional sleeplessness\*