

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



TO REORDER ITEM # 7743
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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 **Puritan's Pride**

COD LIVER OIL

1000MG

Excellent Source of
Vitamins A & D



DIETARY SUPPLEMENT

120 Rapid Release
Softgels

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Vitamin A (as Retinyl Palmitate)	799 mcg	89%
Vitamin D (as D3 Cholecalciferol)	5 mcg (200 IU)	25%

NORD-GOLD PREMIUM™ Cod Liver Oil	1,000 mg (1 g)	**
Provides 240 mg Total Omega-3 Fatty Acids† comprising at:		**
Eicosapentaenoic Acid (EPA)	110 mg	**
Docosahexaenoic Acid (DHA)	100 mg	**
Other Fatty Acids		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Corn Oil.
Contains fish (cod) ingredients.

†As Natural Triglycerides

**No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk,
No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.**