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— COLD PRESSED —

# EVENING PRIMROSE OIL

1300mg



A Natural Source  
of GLA

DIETARY SUPPLEMENT

120 Rapid Release  
Softgels

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

SOLVENT FREE

The consistency of potency is guaranteed by assay.



**TO REORDER ITEM # 3233**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
Ronkonkoma, NY 11779 U.S.A.  
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B3230 07F



**DIRECTIONS:** For adults, take one (1) softgel, five times daily preferably with meals.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	15	
Total Fat	1.5 g	2%*
Polyunsaturated Fat	1 g	**
Evening Primrose Oil (seed)	1,300 mg (1.3 g)	**
Cis-Linoleic Acid (LA)	949 mg	**
Gamma-Linolenic Acid (GLA)	117 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.