

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Omega-3 fatty acids are beneficial for joint and heart health, as well as healthy circulation.\*

\*These statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO REORDER ITEM # 17246**  
**www.puritan.com**  
**1-800-645-1030**

Carefully Manufactured for  
**PURITAN'S PRIDE, INC.**  
Ronkonkoma, NY 11779 U.S.A.  
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WWW.PURITAN.COM

Puritan's Pride

EXTRA STRENGTH

ACTIVE OMEGA-3

Fish Oil 900mg

647 mg EPA

253 mg DHA

Supports Heart, Vascular,  
Circulatory & Joint Health\*

30 softgels

DIETARY SUPPLEMENT



**DIRECTIONS:** For adults, take one (1) softgel daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Calories	15	
Total Fat	1.5 g	2%**
Polyunsaturated Fat	1 g	***
Fish Oil	1,410 mg (1.41 g)	***
provides 987 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic Acid) (647 mg)		***
DHA (Docosahexaenoic Acid) (253 mg)		***
Other Fatty Acids		***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Mixed Tocopherols.

Contains fish (anchovy, mackerel, sardine, tuna) ingredients. †As Ethyl Esters

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.**