WARNING: If you are prepriant, nursing, taking any medications

TO REORDER ITEM # 35714 www.puritan.com 1-800-645-1030

Purified to eliminate mercury Supports Heart Health*

DIETARY SUPPLEMENT

WWW.PURITAN,COM

MEGA-3 Fish Oil 1500mg 450mg ACTIVE OMEGA-3

DIRECTIONS: For adults, take one (1) softgel two times daily, preferably with meals, Puritan's Pride

Suppl	ement	Facts
Serving Size 1 Sol	tgel	
Amount Per Servin	ig .	% Daily Value

	Amount Per Serving	% Daily va		
8	Calories	15		
1	Total Fat	1.5 g	29	
	Polyursaturated Fat	0.5 g		
	Cholesterol	15 mg		
1	Ester-Omega® Fish Oil	1,500 mg (1.5	0)	
	provides 450 mg of Total Ome	na-3 Fatty Acidst comprising	nat	

FPA (Ficosanentaennic Acid) DHA (Docosahexaenoic Acid) Other Fathy Acids Percent Daily Values are based on a 2 000 calorie diet

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural otherols. Contains fish (anchovy, herring, mackerel sardner noredients, †As Natural Triplycerides