

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FDA has not approved, tested or evaluated this product for safety and efficacy.

TO REORDER ITEM # 26091
www.puritan.com
1-800-645-1030

Carefully Manufactured for
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Ronkonkoma, NY 11779 U.S.A.
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B100253 00A



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Puritan's Pride

FLAXSEED WITH HEMP & GARLIC



Supports Heart Health*
Naturally Sourced
Heart Healthy Nutrients*

DIETARY SUPPLEMENT

60 Softgels

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%**
Flaxseed Oil	800 mg	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	360 mg	***
Linoleic Acid (Omega-6)	92 mg	***
Oleic Acid (Omega-9)	88 mg	***
Other Fatty Acids	24 mg	***
Plant Based Blend	202 mg	***
Hemp Seed Oil, Garlic Bulb Oil Concentrate Blend (Soybean Oil, Garlic Bulb Oil)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.
Contains soy ingredients.