WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition. consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur, if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

*These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure or prevent any disease

Flash Fighters™ is recommended for peri-menopausal, menopausal and post-menopausal women. It's a holistic solution to a natural stage of life.*

TO REORDER ITEM # 6095 www.puritan.com 1-800-645-1030

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Puritan's Pride

FLASH FIGHTERS

MENOPAUSE SUPPORT*

Helps with Hot Flashes, Night Sweats and Mood Changes*

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Caplet

%Daily Value **Amount Per Serving** Calcium (as Calcium Carbonate) 126 mg Sov Isoflavones 52.5 mg

(Standardized to contain 40% Isoflavones, 21 mg) Black Cohosh Extract 53 mg (Cimicifuga racemosa) (root)

(Standardized to contain 2.5% Triterpene Glycosides, 1.3 mg) Dong Quai (Angelica sinensis) (root) 12.5 mg (from a 4:1 Extract, equivalent to 50 mg of Dong Quai)

Licorice (Glycyrrhiza glabra) (root) 12.5 ma (from a 4:1 Extract, equivalent to 50 mg of Licorice)

Vitex (Vitex agnus-castus) (fruit) 3.3 mg (from a 10:1 Extract, equivalent to 30 mg of Vitex)

**Daily Value not established.

Contains soy ingredients.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Natural Palm Leaf Glaze, Vegetable Magnesium Stearate.