

DIRECTIONS: For adult men, take two (2) softgels daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Flowens® is a registered trademark of Naturex.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 59965
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ranconkama, NY 11779 U.S.A.
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PROSTA-METTO®

WITH FLOWENS® 500mg Per Serving

STANDARDIZED EXTRACT

Supports Prostate
& Urinary Tract Health
in Adult Men*

Herbal Supplement



60 RAPID RELEASE SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	15
Total Fat	1 g 1%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg 588%
Zinc (as Zinc Gluconate)	30 mg 273%
Flowens® Cranberry (<i>Vaccinium macrocarpon</i>) (fruit)	500 mg ***
Saw Palmetto Extract (<i>Serenoa repens</i>) (berry) (Standardized to contain 85-95% Fatty Acids and Sterols)	320 mg ***
Pumpkin Seed Oil (<i>Cucurbita spp.</i>)	80 mg ***
Uva-Ursi Extract (<i>Arctostaphylos uva-ursi</i>) (leaf) (Standardized to contain 10% Arbutin)	10 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Soybean Oil, Vegetable Glycerin. **Contains <2% of:** Natural Caramel Color, Silica, Soy Lecithin, Titanium Dioxide Color.
Contains soy ingredients.