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**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



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**PURITAN'S PRIDE, INC.**  
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**60** Rapid Release  
Softgels  
Dietary Supplement

[WWW.PURITAN.COM](http://WWW.PURITAN.COM)

Puritan's Pride

# Garlic

## with Co Q-10 & Turmeric



**DIRECTIONS:** For adults, take two (2) softgels daily, preferably with meals.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

Amount Per Serving	%Daily Value
Garlic ( <i>Allium sativum</i> ) (bulb) 500 mg	*
Turmeric Extract ( <i>Curcuma longa</i> ) (root) (Standardized to contain 95% Curcuminoids) 450 mg	*
Coenzyme Q-10 30 mg	*

\*Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin. Contains <2% of: Natural Caramel Color, Soy and Sunflower Lecithin, Yellow Beeswax.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.