

SUPER INGREDIENTS MADE SIMPLE

Z!NT



Mesquite

RAW ORGANIC POWDER



100% Pure Mesquite Flour

- Natural energizer*
- Helps control appetite*
- Low glycemic index

NET WT. 16 OZ. (1 LB.) (454g)



Vegan
Gluten-free



FLOUR FROM THE TREE OF LIFE

The mesquite tree has long been treasured by desert peoples for its nutrition and health benefits. The Pima people of the Southwest refer to it as the "tree of life," while the Bishnoi of North India consider it holy. The seed pods, traditionally ground into flour by mortar and pestle, offer a full gram of protein per tablespoon. Despite its low glycemic index, its natural sweetness makes it a perfect ingredient for those on sugar-controlled diets, and its fiber and protein support a controlled appetite for stable energy levels.*

The Zint Difference: Our organic mesquite is grown by local farmers on the northern coast of Peru in accordance with fair trade values. After being washed and slow-dried at low temperatures, the raw seeds and pods are milled to a fine powder. The flavor of our mesquite flour is complex and delicious, with a sweet smokiness and hints of caramel and maple.

Usage: Try using our mesquite powder as a sweetener, gluten-free flour substitute in recipes—or try mixing it into smoothies and sprinkling it over your favorite desserts for added sweetness and complexity.

Discover delicious Zint superfood recipes at ZintNutrition.com/Recipes.



Satisfaction Guarantee

We're confident that you'll love Zint. If you're not satisfied for any reason, we'll give you a full refund within 90 days of purchase.

Storage: Store in cool, dry place. Keep away from direct sunlight. Do not refrigerate.

Allergy Information: This product is packaged in a facility that may handle tree nuts and soy.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nutrition Facts

Bag size: 16 oz (454 Grams)	
57 servings per container	
Serving size	1 Tablespoon (8 g)
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0m g	0%
Sodium 4 mg	0%
Potassium 84 mg	2%
Total Carbohydrate 7 g	2%
Dietary Fiber 4 g	16%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%
Protein 1 g	2%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Organic mesquite seed pods

Packaged and distributed by Zint LLC
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GROWN AND HARVESTED IN PERU



vitamin angels

Proud Supporter: Zint donates a portion of every sale to supply essential vitamins to 40,000 children around the world through Vitamin Angels.

