

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

Inositol is considered a B factor related to the B-Complex Vitamins. Inositol is an important part of phospholipids in cell membranes and is important for healthy cell growth and function.*

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 31596
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
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Puritan's Pride

Inositol
1000 mg



90
Coated
Caplets

VEGETARIAN DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet one to two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value
Inositol	1,000 mg (1 g) **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Calcium Silicate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.