

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer seal is broken or missing.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

NOTE: Fiber products can affect the absorption of many medications. Do not take this product within 2 hours of taking medications or follow the advice of your health care provider.

TO REORDER ITEM # 50925
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B50925 03C 14-10609



www.puritan.com

Puritan's Pride

NATURAL Konjac Root
1,000mg*

WHITE Kidney Bean
1,000mg*

*PER SERVING

90 Rapid Release
CAPSULES

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) capsules three times daily with at least 8 ounces of water or other fluid, before meals. Taking this product without enough liquid may cause choking. Do not take this product if you have trouble swallowing. Do not take immediately before going to bed.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Serving		%Daily Value
Calories	10	
Total Carbohydrate	2 g	1%**
Dietary Fiber	1 g	4%**
Soluble Fiber	1 g	***
Konjac Root (<i>Amorphophallus konjac</i>)	1,000 mg	***
White Kidney Bean (<i>Phaseolus vulgaris</i>)	1,000 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Cellulose, Vegetable Magnesium Stearate.